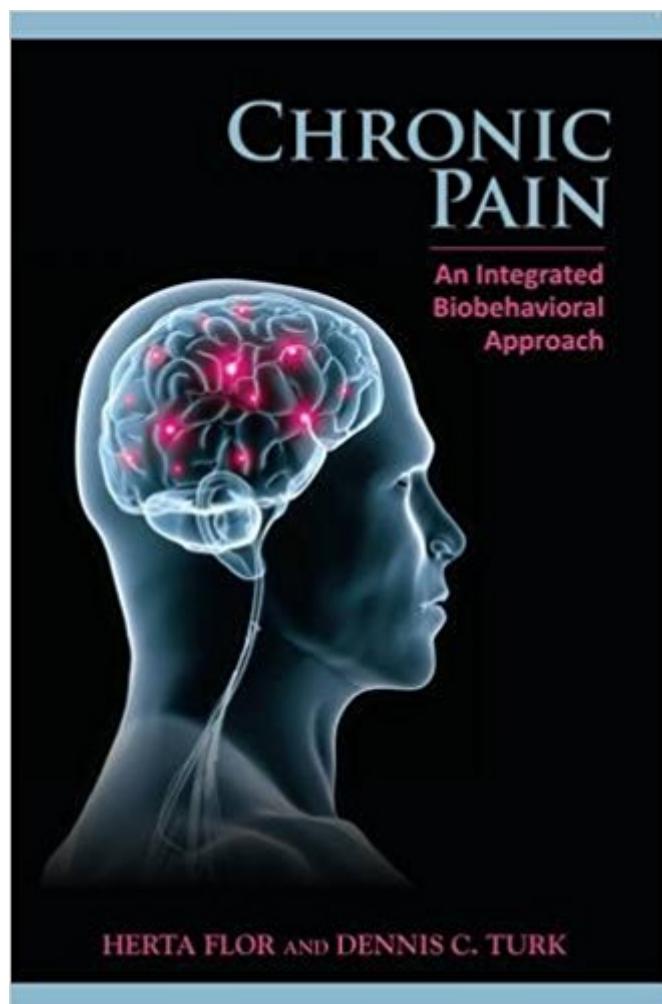


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# Chronic Pain: An Integrated Biobehavioral Approach



## Synopsis

"Chronic Pain: An Integrated Biobehavioral Approach...offers in a single volume the most comprehensive and in-depth view of the field currently available. Drs. Flor and Turk share their collective knowledge and professional insights accumulated over three decades of extraordinary contributions to the field....The first section of the volume provides an up-to-date and highly digestible review of the foundational principles of the multidimensional experience of chronic pain and is followed by two sections on clinical assessment and treatment, concluding with a glimpse at future innovations in pain care. These later sections are simply extraordinary in integrating theory, science, and practical information that will be equally useful to novice and experienced clinicians, investigators, and policy makers." *From the Foreword by Robert D. Kerns, PhD* This book integrates current psychological understanding with biomedical knowledge about chronic pain. With an emphasis on psychological factors associated with chronic pain states, this volume includes recommendations for a structured assessment plan. Using detailed treatment protocols and case examples, the authors aim to guide clinicians in developing effective individualized treatments for their chronic pain patients. The accompanying online ancillary content includes 65 appendices of sample documents and worksheets featuring detailed assessment methods and treatment protocols for use by health care professionals. Chronic Pain: An Integrated Biobehavioral Approach is essential reading for: *Clinicians who treat chronic pain patients* *Clinical psychologists* *Students studying medicine, psychology, psychophysiology, and behavioral medicine* *Social workers* *Nurses* *Clinical investigators* *All those interested in the treatment of chronic pain*

## Book Information

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This book by Flor and Turk provides a readable and comprehensive summary of the most widely accepted psychosocial approaches to chronic pain assessment and management. Inclusion of a CD containing key psychometric instruments as well as treatment protocol and patient materials makes this book a unique single resource for clinicians interested in proven psychosocial approaches to chronic pain management. --American Pain Society e-News 2011 (December), Reviewed by Stephen Bruehl, PhD In *Chronic Pain: An Integrated Biobehavioral Approach*, the co-authors pull together a vast field of research and advocate a model to unite the biomedical and psychological approaches to pain medicine, which all too frequently are used separately. The model is intended primarily for the numerous musculoskeletal pain syndromes that make up the majority of chronic pain, but the authors consider the approach, with minor modifications, to be useful for any chronic pain.  The appendices on the CD are particularly helpful with many documents and tools to help practitioners and patients.  The authors have succeeded in writing a book that will appeal to any practitioner treating patients with chronic pain. The book is well organized with consistent formatting and clear introductions and summaries in each chapter. --Can J Anesth/J Can Anesth 2012; 59: 509-10, Reviewed by Dr. Michael Negraeff *Chronic Pain: An Integrated Biobehavioral Approach* was written to educate health care providers with both a big-picture view and clinical pearls to guide practice. It does so successfully and uniquely. It is rare to find such a comprehensive yet detailed review of a body of knowledge by two of its leading scholars and scientists. This book will become a core text for anyone interested in understanding and treating pain patients using a multidimensional perspective. --PsycCRITIQUES 2012; Vol. 57, Release 22, Article 5, Reviewed by Dr. Timothy Clark, Baylor Center for Pain Management In *Chronic Pain: An Integrated Biobehavioral Approach*, the co-authors pull together a vast field of research and advocate a model to unite the biomedical and psychological approaches to pain medicine, which all too frequently are used separately. The model is intended primarily for the numerous musculoskeletal pain syndromes that make up the majority of chronic pain, but the authors consider the approach, with minor modifications, to be useful for any chronic pain.  The appendices on the CD are particularly helpful with many documents and tools to help practitioners and patients.  The authors have succeeded in writing a book that will appeal to any practitioner treating

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Herta Flor, PhD, studied psychology at the Universities of Würzburg, Tübingen, and Yale, and obtained her PhD at the University of Tübingen. She is a licensed clinical psychologist with a specialization in behavior therapy. Since 2000 she has served as Scientific Director of the Department of Neuropsychology and Clinical Psychology at the Central Institute of Mental Health and as a full professor at the University of Heidelberg. She has made important discoveries in the field of pain and phantom phenomena, including the cortical processing of pain-related information in humans. Her research focuses on the interaction of brain and behavior, in particular the question of how behavior and experience influence neural processes and how neural processes alter behavior and experience.Dennis C. Turk, PhD, is the John and Emma Bonica Professor of Anesthesiology and Pain Research and Director of the Center for Pain Research on Impact, Measurement, & Effectiveness (C-PRIME) at the University of Washington. A charter member of the International Association for the Study of Pain and a founding member of the American Pain Society, Dr. Turk is a fellow of the Academy of Behavioral Medicine Research, the Society of Behavioral Medicine, and the American Psychological Association. Dr. Turk is currently Editor-in-Chief of The Clinical Journal of Pain, Co-Chair of the Initiative on Methods, Measurement, & Pain Assessment in Clinical Trials (IMMPACT), and Co-Director of the Executive Committee for the Analgesic Clinical Trials Translations, Innovations, Opportunities, & Networks (ACTION) initiative.

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